

NO MORE

TOGETHER WE CAN END DOMESTIC VIOLENCE AND SEXUAL ASSAULT

I SAY **NO MORE** BECAUSE *everyone deserves to be safe.*

I SAY **NO MORE** BECAUSE *domestic and sexual violence cripples and destroys lives and families.*

I SAY **NO MORE** BECAUSE *I want to help educate my friends, my family, and help stop this epidemic.*

I SAY **NO MORE** BECAUSE *All men can stand up-show up and speak out to end all forms of violence.*

I SAY **NO MORE** BECAUSE *I was sexually abused as a child. I am 1 of 42,000,000.*

I SAY **NO MORE** BECAUSE *how we teach our children can help make this the last generation to tolerate abuse.*

I SAY **NO MORE** BECAUSE *every person has the right to be treated with dignity.*

I SAY **NO MORE** BECAUSE *NO ONE should be silenced by the shame and fear created by domestic violence and sexual assault.*

I SAY **NO MORE** BECAUSE *everyone deserves a happy home and a life free of abuse and violence.*

ESSEX COUNTY 24-HOUR HOTLINES

Domestic Violence | 973-759-2154

Sexual Assault | 877-733-2273

More information and resources at

www.essexcountysaysnomore.org

There is *No Excuse for Abuse.*

Help Essex County say **NO MORE** to Domestic Violence and Sexual Assault!