

NO MORE

EMOTIONAL ABUSE

- Name calling, insults, continual criticism
- Extreme jealousy or possessiveness
- Isolation from family or friends
- Monitoring where partner goes & who partner spends time with
- Withholding affection as punishment
- Threats to hurt partner, children, family or pets
- Humiliation of partner in any way
- Expectation of partner to ask permission

ESSEX COUNTY 24-HOUR HOTLINES

Domestic Violence | 973-759-2154

Sexual Assault | 877-733-2273

More information and resources at

www.essexcountysaysnomore.org

There is *No Excuse for Abuse.*

Help Essex County say **NO MORE** to Domestic Violence and Sexual Assault!